

# SCOTTSDALE AQUATIC CLUB

FALL 2025-2026 PRACTICE SCHEDULE (Nov 10th 2025 - March 28th, 2025)

## SENIOR DIVISION

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NATIONAL	AM	SWIM 5:05-6:20am	OFF	GYM 5:05-6:20am	SWIM 5:05-6:20am	OFF	SWIM 6:00-8:00am GYM 8:00-9:00am
	Cactus			Cactus	Cactus		
	PM	Group 1 -- SWIM 3:15-4:50pm; DRY 5:00-6:00pm Group 2 -- DRY 3:15-4:15pm; SWIM 4:25-6:00pm	SWIM 3:15-5:30pm	SWIM 3:30-5:30pm	OFF	SWIM 3:15-5:30pm	
	Cactus	Cactus	Cactus	Chaparral		Cactus	
SECTIONAL	AM	OFF	GYM 5:05-6:20am	OFF	OFF	SWIM 5:05-6:20am	GYM 7:00-8:00am SWIM 8:00-9:30am
	Cactus					Cactus <th data-kind="ghost"></th>	
	PM	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	OFF	
	Chaparral	Cactus	Cactus	Cactus	Cactus		
SENIOR	AM	OFF	SWIM 5:05-6:20am	OFF	OFF	OFF	SWIM 7:30-9:00am DRY 9:00-10:00am
	Cactus						
	PM	SWIM 3:30-5:30pm	OFF	SWIM 3:30-5:00pm DRY- 5:00-5:30pm	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	
	Chaparral			Chaparral	Cactus	Cactus	
HIGH SCHOOL DEV.		OFF	SWIM 5:30-7:00pm	SWIM 5:30-7:00pm	SWIM 5:30-7:00pm		SWIM 9:30 - 11:00am
			Cactus	Cactus	Cactus		Cactus

## 13-14 DIVISION

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13-14 GOLD	AM	OFF	OFF	SWIM 5:05-6:20am	GYM 5:05-6:20am	OFF	SWIM 7:30-9:00am GYM 9:00-10:00am
	Cactus			Cactus	Cactus		
	PM	SWIM 3:30-5:00pm DRY 5:00-6:00pm	SWIM 3:30-5:30pm	OFF	SWIM 3:30-5:30pm	SWIM 5:30-7:30pm	
	Cactus	Chaparral			Chaparral	Cactus	
13-14 SILVER	AM	OFF	SWIM 5:05-6:20am	OFF	GYM 5:05-6:20am	OFF	DRY 7:15-8:00am SWIM 8:00-9:30am
	Cactus						
	PM	DRY 5:00-6:00pm SWIM 6:00-7:00pm	OFF	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	SWIM 3:30-5:30pm	
	Cactus			Cactus	Cactus	Chaparral	
13-14 BRONZE	AM	OFF	OFF	OFF	OFF	SWIM 5:05-6:20am	SWIM 9:00 - 10:30am
	Cactus					Cactus	
	PM	OFF	SWIM 5:30-7:00pm	SWIM 3:30-5:00pm	SWIM 5:30-7:00pm	OFF	
	Chaparral		Cactus	Chaparral			
13-14 BLUE	PM	OFF	SWIM 5:30-7:00pm	SWIM 5:30-7:00pm	SWIM 5:30-7:00pm	OFF	SWIM 9:30 - 11:00am
			Cactus	Cactus	Cactus		Cactus

CACTUS -- Cactus Park Aquatic Center (7202 E Cactus Rd)

MMR -- McDowell Mountain Ranch Aquatic Center (15525 N Thompson Peak Pkwy)

ELDORADO -- Eldorado Aquatic Center (2301 N Miller Rd)

CHAPARRAL -- Chaparral Aquatic Center (5401 N Hayden Rd)