APPROVED BY AG CHAIR 10/11/2011, BOD 10/16/2011, HOD \_11/16/2011 Rules 10/2012 HOD 4/2012



## Arizona Age Group Region Two Short Course Championships

# **February 22-24, 2013** Held under the sanction of USA Swimming

Sanctioned by:	Arizona Swimming Sanction Number: AZ13-50RTMD		
Liability:	In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming		
•	Inc., and Yuma Heat Swim Team and all meet officials shall be held harmless from any and all		
	liabilities of claims for damages by reason of injuries to anyone during the conduct of this meet,		
	which includes all warm-up sessions.		
Hosted by:	Yuma Heat Swim Team		
Meet Director:	Rich McClure <u>rmcclure@yumaed.org</u>		
Meet Referee:	Ron Corbin <u>sandronj@comcast.net</u>		
Meet Location:	Valley Aquatic Center 4381 W 18 <sup>th</sup> St, Yuma, AZ 85364		
Course: Ten lane, outdoor, 25 yard, heated pool. Daktronic Timing system with a beep			
	scoreboard, and Hy-Tek Meet Manager software with interface will be used. Warm down lanes will		
	be available. The competition course has not been certified in accordance with 104.2.2(C).		
	The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the		
	start end and 6 feet, 9 inches at the turn end.		
Eligibility:	1. Open to any current USA Swimming registered athlete who is a member of or an unattached		
	swimmer training with one of these teams: HEAT, SAC, AZSL, VSC, EDAC, VC, HSST, KDST,		
	LPST, MSC, PAC, SMAN and WSF. All swimmers must be registered as of the meet entry deadline.		
	No on-deck registration will be available. Proof of registration must be presented to the Clerk of		
	Course if requested.		
	2. Age on February 22, 2013 will govern for the meet.		
	3. This is a Time Standard Meet. Swimmers must have equaled or bettered the Arizona Regional		
	qualifying time standard but be slower than the Arizona Age Group State qualifying time.		
	4. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be		
	certified by a USA Swimming member coach as being proficient in performing a racing start or must		
	start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal		
	guardian to ensure compliance with this requirement.		
	5. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must		
	alert the meet director, referee, and entry coordinator as to the need for any special accommodations		
	or seeding arrangements at the time the entry is submitted.		
	or seeding arrangements at the time the entry is submitted.		
Rules:	1. The surrant rules of USA competitive swimming will sever		
Ruies.	<ol> <li>The current rules of USA competitive swimming will govern.</li> <li>The Arizona Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.</li> </ol>		
	3. All coaches and officials must be USA Swimming registered prior to the competition and wear		
	current registration in a visible manner. Credentials must be presented to the clerk of course		
	prior to the start of each session.		
	4. Use of audio or visual recording devices, including a cell phone, is not permitted in		
	changing areas, rest rooms or locker rooms.		
	5. Except where venue facilities require otherwise, changing into or out of swimsuits other		
	than in locker rooms or other designated areas is not appropriate and is prohibited.		
	6. Individual events are pre-seeded, timed final events except where noted below.		
	7. Swimmers are limited to 3 individual events per Session, and 5 events per day.		

	<ol> <li>8. Entry times not achieved in Short Course Yards shal SCM (Short Course Meters). No converted times may be Short Course Yards, Long Course Meters, Short Course M 9. The 400 IM, 500 Free, 1000 Free, and 1650 Free will b be seeded. Check in closes 30 minutes prior to the start o Swimmers in these events must provide their own time determined otherwise by the referee. These events wi women and men.</li> <li>10. Relays must be entered along with individual entries by no limit to the number of relays a team may enter. However scored.</li> <li>11. Time trials may be offered subject to meet entry limits a Referee.</li> </ol>	e used. Seeding order for leters. e deck seeded requiring p f the session in which the ers (2) and personnel to ill be swum fastest to sl y the meet entry deadline. r, only the fastest two will	this meet will be ositive check-in to events are swum. count laps unless owest, alternating There is be
Sessions:	Session I (Friday, February 22, 2013): Session II (Friday, February 22, 2013): Session III (Friday, February 23, 2013): Session IV (Friday, February 24, 2013):	Warm-ups: 2:00 PM Warm-ups: 4:30 PM Warm-ups: 7:30 AM Warm-ups: 7:30 AM	Start: 3:00 PM Start: 5:30 PM Start: 9:00 AM Start: 9:00 AM
Entries:	All entries must be submitted via email in Hy-tek format with the meet director. Email entries to yumaswims@yum Meet entries are due February 18, 2013, by 1:00 pm.		s have been made
Entry Fees:	<ul> <li>\$5.00 LSC surcharge</li> <li>\$4.50 per individual event</li> <li>\$8.00 per relay</li> <li>\$9.00 per individual time trial event</li> <li>Entry fees are due no later than the start of the start of Ses Please write checks payable to Yuma Aquatics.</li> </ul>	sion I and must be paid by	one team check.
Awards:	Individual events: Regional medals 1 <sup>st</sup> thru 3rd Regional ribbons 4 <sup>th</sup> thru 8 <sup>th</sup> place Relay events: Regional medals 1 <sup>st</sup> place Team Awards for First and Second place		
Scoring:	Standard <b>will be scored or eligible for awards as listed a</b> Individual Events: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2. ***Teams may only score to		each relay event.
Addit	tional Information: Please see the supplemental informatio concessions, vendors, hotels, parking an		about

Session I – February 22, 2013			
 Warm up:	2:00 PM	Meet Start	:: 3:00 PM
Girls	Event		Boys
1*	10 & U 500 Free		2*
3*	11-12 10	00 Free	4*
5*	13-14 16	50 Free	6*

## \* The 500 Free, 1000 Free, and 1650 Free will be deck seeded, requiring positive check-in at the Clerk of Course 30 minutes prior to the start of session I. These events will be swum fastest to slowest, alternating women and men.

Session 11 – February 22, 2015			
Warm up:	4:30 PM	Meet Star	t: 5:30 PM
Girls	Event		Boys
7	11-12 200 1	Free Relay	8
9	13-14 200 1	Free Relay	10
11	10 & U 5	50 Back	12
13	11-12 5	0 Back	14
15	13-14 5	0 Back	16
17	10 & U 5	0 Breast	18
19	11-12 50	) Breast	20
21	13-14 50	) Breast	22
23	10 & U	50 Fly	24
25	11-12 :	50 Fly	26
27	13-14 5	50 Fly	28
29	10 & U .	50 Free	30
31	11-12 5	0 Free	32
33	13-14 50 Free		34
35	11-12 200 Medley Relay		36
37	13-14 200 M	edley Relay	38

#### Session II – February 22, 2013

Warm up:	7:30 AM Meet Sta	urt: 9:00 AM
Girls	Event	Boys
39	11-12 400 IM	40
41	13-14 400 IM	42
43	10 & U 200 Free	44
45	11-12 200 Free	46
47	13-14 200 Free	48
49	10 & U 100 Back	50
51	11-12 100 Back	52
53	13-14 100 Back	54
55	11-12 200 Breast	56
57	13-14 200 Breast	58
59	10 & U 100 Fly	60
61	11-12 100 Fly	62
63	13-14 100 Fly	64
65	10 & U 100 IM	66
67	11-12 100 IM	68
69	13-14 800 Free Relay	70
71	11-12 400 Free Relay	72
73	10 & U 200 Free Relay	74
75*	13-14 1000 Free	76*
77*	11-12 1650 Free	77*

### Session III – February 23, 2013

\* The 1000 Free and 1650 Free will be deck seeded, requiring positive check-in at the Clerk of Course 30 minutes prior to the start of session III. These events will be swum fastest to slowest, alternating women and men.

## Session IV – February 24, 2013

Warm up:	7:30 AM Meet Star	t: 9:00 AM
Girls	Event	Boys
79	13-14 400 Medley Relay	80
81	11-12 400 Medley Relay	82
83	10 & U 200 Medley Relay	84
85	13-14 100 Free	86
87	11-12 100 Free	88
89	10 & U 100 Free	90
91	13-14 200 Back	92
93	11-12 200 Back	94
95	13-14 100 Breast	96
97	11-12 100 Breast	98
99	10 & U 100 Breast	100
101	13-14 200 Fly	102
103	11-12 200 Fly	104
105	13-14 200 IM	106
107	11-12 200 IM	108
109	10 & U 200 IM	110
111	13-14 400 Free Relay	112
113*	11-12 500 Free	114*
115*	13-14 500 Free	116*

\* The 500 Free will be deck seeded, requiring positive check-in at the Clerk of Course 30 minutes prior to the start of session IV. These events will be swum fastest to slowest, alternating women and men.