SCOTTSDALE AQUATIC CLUB QUAD MEET #4

November 10-11, 2012

Held under the sanction of USA Swimming, Inc.

Sanctioned by: Arizona Swimming Sanction Number: AZ13-18

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming,

Inc., the Scottsdale Aquatic Club, and all meet officials shall be held harmless from any and all liabilities of claims for damages by reason of injuries to anyone during the conduct of this meet,

which includes all warm-up sessions.

Meet Location: Cactus Pool 7202 E Cactus Rd, Scottsdale, AZ

Meet Director: Judy Pennington 480-951-5368 SAC6Coach@aol.com

Meet Referee: Ray Eynon 480-922-7495 <u>eynonaz@cox.net</u>

Course: Outdoor, 25 yard, 8/10 lane heated pool with non-turbulent lane dividers. Colorado start and

automatic timing system with touchpads and 8/10-lane time display board will be used. A 25-yard warm up pool area will be available for continuous warm-up throughout the meet. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 6

feet, 0 inches at the turn end.

Eligibility:

1. Open to any current USA Swimming registered athlete holding a current USA Swimming registration card who is a member of or unattached and training with SAC, WSF, PHX or MAC.

2. All swimmers, coaches, and officials must be registered prior to the competition and present proof of current registration to the Clerk of Course, if requested. No on deck registration will be accepted. All coaches and officials shall wear their current USA Swimming registration in a visible manner.

- 3. Age on November 10, 2012 will govern for the meet.
- 4. This is a No Time Standard Meet.
- 5. Any swimmer entered in the meet, unaccompanied by a US Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- 6. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, referee, and entry coordinator as to the need or any special accommodations or seeding arrangements at the time the entry is submitted.
- 1. The current rules of USA competitive swimming will govern this meet.
- 2. Swimmers are limited to 3 individual events per day.
- 3. This will be a Timed Finals meet.
- 4. At the discretion of the meet director and meet referee, a 10-lane course may be used.
- 5. The 10&U 500 Free (events 19-20), the 11&O 400 IM (events 21-22) and the 11&O 1650 Free (events 51-52) require positive check-in with the clerk of course by 9:00 am on the day they are to be swum. These events will be swum fastest to slowest, alternating heats of women and men. Swimmers in these events are required to provide their own timers and personnel to count laps, if necessary.
- 6. Entry times must be a swimmer's best short course times.
- 7. All coaches and officials must be USA Swimming registered prior to the competition and wear current registration in a visible manner.
- 8. The Arizona controlled meet warm-up will be posted and enforced.

Rules:

9. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Sessions: Session I Saturday Timed Finals Warm-up 7:00am Meet Start 8:00am

Session II Sunday Timed Finals Warm-up 7:00 am Meet Start 8:00am

Entries: All entries must be submitted via email in Hy-tek format. Late entries will be accepted on a lane

available basis at the discretion of the meet director/meet referee. Meet entries will be due by **Friday**,

November 2, 2012. E-Mail: SAC6Coach@aol.com

Entry Fees: \$5.00 LSC surcharge \$3.00 per individual event

Entry fees are due by the start of the first session, Saturday, November 10, 2012. Make checks

payable to Scottsdale Aquatic Club.

Scoring: Individual events will be scored to 8th place as follows—9-7-6-5-4-3-2-1.

Awards: Ribbons for 1st through 8th place.

Concessions: A full snack bar will be open during all sessions of the meet.

Session I – Saturday, November 10, 2012

Warm-up 7:00 AM Meet Start 8:00 AM

Female	Event	Male
1	10&U 50 Breast	2
3	11-12 50 Breast	4
5	11&O 200 Breast	6
7	10&U 100 Fly	8
9	11-12 100 Fly	10
11	13&O 100 Fly	12
13	10&U 200 Free	14
15	11-12 200 Free	16
17	13&O 200 Free	18
19	10&U 500 Free*	20
21	11&O 400 IM*	22

^{*}Check-in required by 9:00am.Swum fastest to slowest, alternating heats of women and men. Swimmers must provide timers and personnel to count laps.

Session II – Sunday, November 11, 2012

Warm-up 7:00 AM Meet Start 8:00 AM

Female	Event	Male
23	10&U 100 IM	24
25	11-12 100 IM	26
27	13&O 200 IM	28
29	10&U 50 Back	30
31	11-12 50 Back	32
33	11&O 200 Back	34
35	10&U 100 Breast	36
37	11-12 100 Breast	38
39	13&O 100 Breast	40
41	10&U 50 Free	42
43	11-12 50 Free	44
45	13&O 50 Free	46
47	11&O 1650 Free*	48

^{*}Check-in required by 9:00am.Swum fastest to slowest, alternating heats of women and men. Swimmers must provide timers and personnel to count laps.