

Scottsdale Aquatic Club

2010 QUAD-MEET

SAC-AZM-FORD-WSF

December 18, 2010



Held under sanction of USA Swimming, Inc.

Sanctioned by: Arizona Swimming Inc.

Sanction #:AZ10C145R

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming Inc., City of Scottsdale, Scottsdale Aquatic Club and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

Hosted by: Scottsdale Aquatic Club

Location: Cactus Aquatic Center
NE corner of Scottsdale Rd. and Cactus Rd.
Scottsdale, Arizona

From 101: Take Cactus Exit west about two miles
turn right into Cactus Park.

Meet Directors: Jay Klosterman/Kevin Zacher 480-951-5368

Meet Referee: Ray Eynon eynonaz@cox.net

Course: Eight lane, outdoor, 25 yard pool with non-turbulent lane dividers. Colorado start and automatic timing system with touch pads, 1 button and 8-lane time display board will be used. A separate 25-yard warm-up pool will be available throughout the meet. The competition course has not been certified in accordance with 104.2.2(c).

The minimum water depth, measured in accordance with Article 103. 2. 3. is 6 feet 5 inches at the start end and 6 feet 5 inches at the turn end.

Eligibility:

1. Open to any USA Swimming athlete holding a current USA Swimming registration card that is a member of SAC-AZ, FORD-AZ, AZM-AZ and WSF-AZ or UNAT and training with those teams.
2. All swimmers, coaches, and officials must be registered prior to the competition and present proof of current registration to the Clerk of Course, if requested. All coaches and officials shall wear their current USA Swimming registration in a visible manner.
3. Swimmers must be age 13 or older to compete in this meet.
4. Swimmer's age on December 18, 2010 will govern for this meet.
5. This is a NO TIME STANDARD Meet.
6. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the Meet Director as to the need for any special accommodations or seeding arrangements.

Rules:

1. The current USA Swimming rules of competitive swimming will govern.
2. This will be a timed final meet. Two swimmers from each team to be seeded in fastest heat of each event.
3. This will be a Short Course Yards (25Y) meet.
4. Swimmers are limited to three (3) individual events and two (2) relays.
5. No Time Trials will be offered during this meet.
6. The Arizona controlled meet warm-up will be enforced and posted.

Entries: Entries must be submitted in a COMMLINK file by e-mail.

Entries must be received by Monday, December 13, 2010.

Late entries will be accepted subject to a \$5 late fee depending on lane availability up to 30 minutes prior to the start of each session. Bring one (1) team check to the meet for entry fees, payable to **Scottsdale Aquatic Club**.

Mail to: Scottsdale Entries
15859 N 60th Way
Scottsdale, AZ 85254

E-Mail: sac6coach@aol.com

Entry Fees: Individual events \$3.00 LSC surcharge \$5.00 Relays: \$4.00

Awards: No Awards will be given.

Concessions: A limited concession stand will be available.

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Saturday, December 18, 2010

Warm-up 10:30am/Meet Start 11:30 am

Women's Event #	EVENT	Men's Event #
1	200 Med Relay	2
3	1000 Free	4
5	200 Free	6
7	100 Back	8
9	100 Breast	10
11	200 Fly	12
13	50 Free	14
15 Minute Break		
15	100 Free	16
17	200 Back	18
19	200 Breast	20
21	500 Free	22
23	100 Fly	24
25	200 IM	26
27	400 Free Relay	28

After meet BBQ

If you plan to attend, please add \$4.00 per swimmer for the BBQ